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STRENGTHENING SOCIAL AND EMOTIONAL HEALTH

> Children's Institute Early Self-Regulation Kindergarten Parent-Reported Screening Instrument (CI-ESRKPSI): A five item parentreported indicator that predicts academic performance 5 years later.

GUILLERMO MONTES, PH.D.
BOHDAN S. LOTYCZEWSKI
A.DIRK HIGHTOWER, PH.D.

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# Children's Institute Early Self-Regulation Kindergarten Parent-Reported Screening Instrument (CI-ESRKPSI) 

GUILLERMO MONTES, PH.D. BOHDAN S. LOTYCZEWSKI

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www.childrensinstitute.net

Purpose and objectives: The purpose of this brief technical report is to describe the technical psychometric properties of the Children's Institute Early Self-Regulation Kindergarten ParentReported Screening Instrument (CI - ESRKPSI). The ESRKPSI is a very brief, parent report, set of five questions that can be used by school districts to identify students entering kindergarten that are likely to need further in-depth assessment in Early Self-Regulation.

The objectives of the project were:
(a) To make the measure as short as possible, so as to reduce district's and parent's costs in obtaining the information.
(b) To ensure that the measure had an alpha reliability above .70 , which is typically acceptable for screening measures.
(c) To ensure that the measure could assess the low end of the Early Self-Regulation continuum, thus ceiling effects are expected for this type of construct.
(d) To ensure that the measure is positively correlated with $4^{\text {th }}$ grade English Language Arts and Mathematics New York State Assessments for the urban population.

Sample: The sample was obtained from a medium-sized city in upstate New York. At their children's registration prior to entry into kindergarten, parents or caregivers completed the Parent Appraisal of Children's Experiences (K-PACE), a screening instrument that assesses multiple domains. In 2004-05, 1,726 kindergarten PACEs were completed. After removal of forms that could not be matched with school district registration records, e.g., because of malformed identifiers, and duplicated records, 1,649 kindergarten students remained in the sample. In fourth grade, students completed NY State assessments of English Language Arts and Mathematics. Students could take the assessments later (e.g., because of retention) or, in rare cases, earlier, than the rest of the cohort, so test scores were obtained from the 2007-08 ( $\mathrm{N}=7$ ), 2008-09 ( $\mathrm{N}=836$ ), 2009-10 ( $\mathrm{N}=323$ ), and 2010-11 ( $\mathrm{N}=11$ ) school years, yielding 1,177 students who had both PACE and NYS ELA scores and 1,172 who had PACE and NYS Mathematics data. Of these, 30 students took the tests two consecutive years. After the second year's results were dropped, 1,147 students with ELA scores and 1,142 with Mathematics scores remained.

The final sample of students was $48 \%$ male, and $66 \%$ African-American, 21\% Latino/Hispanic, and $15 \%$ White/not Hispanic. More than one race/ethnicity category could be selected.

Methods: Classical test analyses were used to identify the smallest collection of uni-dimensional items that targeted Early Self-Regulation. Next, Rasch analyses were performed to ensure that items were well-ordered and fit the model. Predictive validity was estimated against $4^{\text {th }}$ grade NY standardized test scores in reading and mathematics, as well as grade retention based on district data.

## Results:

- The overall alpha reliability of this 5 item measure was .77 .
- The items were (in order of difficulty): this child hurts others; child is irritable, touchy or prickly; child fights with other children; child has short attention span; and child bothers other children. Because the items are all negative, a higher score indicates worse selfregulation.
- All items have good infit and outfit mean square estimates (in [.5, 1.5] range) and are close to expected values indicating good fit with the Rasch Andrich model.
- We collapse two categories in two items based on Rasch analyses. All items have categories that are progressively ordered.
- A table of norms is provided to convert raw scores from 5-18 to scale scores from 338 to 820.
- This brief self-regulation measure is correlated with $4^{\text {th }}$ grade NY state English Language Arts scale scores, and with $4^{\text {th }}$ grade NY state Mathematics scale scores.
- The measure is also correlated with having repeated a grade by $4^{\text {th }}$ grade.
- As expected the measure has floor effects.
- A cutoff was selected. Students above the cutoff (worse self-regulation, about $15 \%$ of sample) were significantly at higher risk of academic failure five years later:
- They were 2.3 times more likely to fail the ELA exam five years later.
- They were 3.2 times more likely to fail mathematics state assessment.
- They were 2.5 times more likely to score in level 1 in the ELA exam.
- They were 4.0 times more likely to score in level 1 in the mathematics exam.
- They were also 2.0 times more likely to repeat a grade in the study period.


## Conclusion:

The CI-ESRKSI is a short ( 5 item ) parent-reported questionnaire that is reliable, well ordered and correlated with third party administered official test score data five years after the assessment took place and with grade retention in the five year period of time.

Students above its high-risk cutoff score were two to three times more likely to fail the mathematics and ELA assessments five year later, as well as twice as likely to repeat a grade in the study period.

School districts can use this brief instrument to provide parents with an opportunity to share their views of their child's literacy at entrance into kindergarten, and can use the information to screen children who need an intervention plan to improve academic outcomes in elementary school.

Because the information is obtained from parents, it is anticipated that parents would be happy to have a responsive school contact them about the needs they have expressed. The information in this report indicates that absent successful identification and intervention, more than half of the students identified with the measure will fail academically by $4^{\text {th }}$ grade.

Odds Ratios predicting academic failure for students below cutoff:
Table 1 shows the odds ratios and associated 95\% confidence intervals.
Table 1. Odds of failing for students above cutoff score (worse self-regulation).

|  | N | OR | $95 \%$ Confidence Interval |  |
| :--- | :---: | :---: | :---: | :---: |
| Failing ELA | 739 |  |  |  |
| Failing Mathematics | 736 | 2.27 | 1.44 | 3.58 |
| ELA level 1 | 739 | 2.52 | 2.00 | 4.97 |
| Mathematics Level 1 | 736 | 4.02 | 1.15 | 5.51 |
| Repeating a grade | 1005 | 2.09 | 2.18 | 7.40 |

Note: OR odds ratio. All ORs were stat. significant at $\mathrm{p}<.01$ Computation on ELA and mathematics only for students who did not repeat a grade.

Students who scored above the cutoff were 2.3 times more likely to fail the ELA exam, 3.2 times more likely to fail mathematics state assessment, 2.5 times more likely to score in level 1 in the ELA exam, and 4 times more likely to score in level 1 in the mathematics exam. They were also 2.1 times more likely to repeat a grade in the study period. Importantly, all these assessments happened five years after the parent completed the scale. Therefore, these students can be considered to be at substantially higher risk of academic failure.

## Predictive validity:

Raw ELSI score (higher is worse) correlations with district academic data (5 years from assessment):

|  | n | Predictive Validity | Significance |
| :--- | :---: | :---: | :---: |
| $4^{\text {th }}$ ELA scale score | 739 | -0.15 | $\mathrm{p}<.01$ |
| $4^{\text {th }}$ Mathematics scale score | 736 | -0.15 | $\mathrm{p}<.01$ |
| Repeat grade in 5 year period | 1005 | 0.13 | $\mathrm{p}<.01$ |

Note: Computation on ELA and mathematics only for students who did not repeat a grade.
The measure was correlated in the expected direction.

## CTT analysis:

Alpha reliability $=.77$
Factor structure: 1 factor.

## Rasch analysis:



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SUMMARY OF 1110 MEASURED (EXTREME AND NON-EXTREME) STUDENT



\# Missing \% includes all categories. Scored \% only of scored categories

TABLE OF MEASURES ON TEST OF 5 QUESTION

| \| SCORE | MEASURE | S.E. | I | SCORE | MEASURE | S.E. |  | SCORE | MEASURE | S.E. \| |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 15 | 10E | 189 | \\| | 10 | 436 | 74 |  | 15 | 679 | 73 |
| 16 | 147 | 112 | । | 11 | 488 | 71 |  | 16 | 739 | 82 |
| 17 | 243 | 89 | \| | 12 | 537 | 69 |  | 17 | 824 | 108 |
| 8 | 315 | 81 | \| | 13 | 583 | 68 |  | 18 | 955E | 187 |
| 19 | 378 | 78 | \| | 14 | 630 | 69 |  |  |  | I |

CURRENT VALUES, UMEAN $=500.0000$ USCALE $=100.0000$
TO SET MEASURE RANGE AS 0-100, UMEAN=51.8480 USCALE=10.5724
TO SET MEASURE RANGE TO MATCH RAW SCORE RANGE, UMEAN=11.7402 USCALE=1. 3744
Predicting Score from Measure: Score = Measure * . $0156+-1.2814$
Predicting Measure from Score: Measure = Score * 62.6518 + 90.2620


|  | 1 | 1 | 1 |  | 1 | 1 | 1 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 6 | 1 | 0 | 9 | 1 | 6 | 1 | 6 | 3 |
| STUDEN | 9661 | 1193222 | 35 | 612 | 304 |  | 954 | 45472 | 4322 |
|  |  | S |  | M |  |  |  | S |  |
| \%TILE | 010 | 20 | 30 | 40 | 50 | 70 | 80 | 90 |  |
| QUESTI |  |  |  |  |  |  | 11 | 11 | 1 |
|  |  |  |  |  |  |  | S | M S | T |
| \%TILE |  |  |  |  |  |  | 06 | 6080 | 99 |


| \| | ORE | MEASURE | S.E. 1 | ORMED | S.E. | FREQUE | NCY \% | CUM. FR | REQ. \% | PERCENT | TILE\| |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| । | 5 | 10E | 1891 | 338 | 96 | 182 | 16.4 | 182 | 16.4 |  | 8 |
| I | 6 | 147 | 1121 | 408 | 57 | 127 | 11.4 | 309 | 27.8 | 22 | 2 |
| I | 7 | 243 | 891 | 457 | 45 | 111 | 10.0 | 420 | 37.8 | 33 | 3 |
| \| | 8 | 315 | 811 | 493 | 42 | 106 | 9.5 | 526 | 47.4 | 43 | 3 |
| \| | 9 | 378 | 781 | 526 | 40 | 114 | 10.3 | 640 | 57.7 | 53 | 5 |
| 1 | 10 | 436 | 741 | 555 | 38 | 174 | 15.7 | 814 | 73.3 | 65 | 5 |
| \| | 11 | 488 | 711 | 582 | 36 | 125 | 11.3 | 939 | 84.6 | 79 | 9 |
| \| | 12 | 537 | 691 | 607 | 35 | 72 | 6.5 | 1011 | 91.1 | 88 | 8 |
| \| | 13 | 583 | 681 | 630 | 35 | 39 | 3.5 | 1050 | 94.6 | 93 | 3 |
| I | 14 | 630 | 691 | 654 | 35 | 26 | 2.3 | 1076 | 96.9 | 96 | 6 |
| \| | 15 | 679 | 731 | 679 | 37 | 19 | 1.7 | 1095 | 98.6 | 98 | 8 |
| । | 16 | 739 | 821 | 709 | 42 | 7 | . 6 | 1102 | 99.3 | 99 | 9 |
| । | 17 | 824 | 1081 | 753 | 55 | 4 | . 4 | 1106 | 99.6 | 99 | 9 |
| \| | 18 | 955E | 1871 | 820 | 95 | 4 | . 4 | 1110 | 100.0 | 99 | 99 \| |

THE NORMED SCALE IS EQUIVALENT TO UIMEAN= 332.6817 USCALE= .5101

