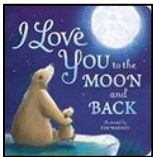


BOOKS THAT SUPPORT SOCIAL AND EMOTIONAL LEARNING

All books are available through the Monroe County Library System, Barnes & Noble, and Amazon.com

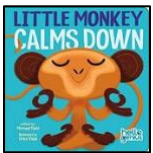
BOARD BOOKS (INFANTS AND TODDLERS)



I Love You to the Moon and Back by Abrams Appleseed

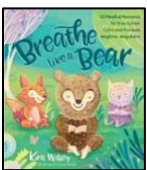


Making Faces: A First Book of Emotions by Amelia Hepworth

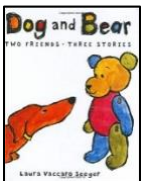


Little Monkey Calms Down (Hello Genius) by Michael Dahl

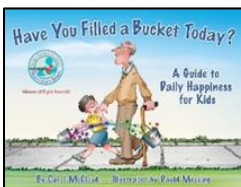
PICTURE BOOKS (PRESCHOOL AND UP)



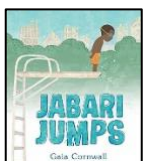
Breathe Like a Bear by Kira Willey



Dog and Bear by Laura Vaccaro Seeger



Have You Filled a Bucket Today? by Carol McCloud

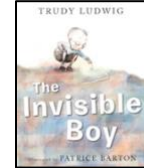


Jabari Jumps by Gaia Cornwall

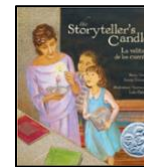
PICTURE BOOKS (PRE-K AND UP)



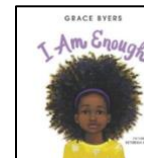
The color monster: A Story About Emotions by Anna Lenas



The Invisible Boy by Trudy Ludwig



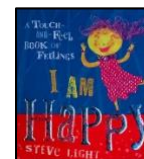
The Storyteller's Candle by Lucia Gonzalez



I Am Enough by Grace Byers



In My Heart: A Book of Feelings by Jo Witek



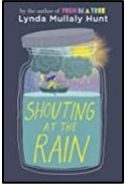
I Am Happy: A Touch and Feel Book of Feelings by Steve Light



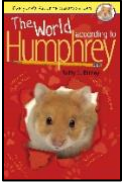
My Many Colored Days by Dr. Seuss

***MORE BOOKS WE LOVE FOR OLDER KIDS AND PARENTS ON THE BACK!**

OLDER KIDS (7 and up)



Shouting at the Rain by Lynda Mullaly Hunt



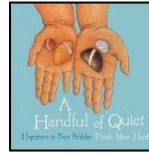
The World According to Humphrey (Series) by Betty G. Birney



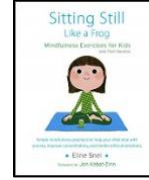
Wonder by R.J. Palacio

These are just a few examples of the many books that support social and emotional learning! For more resources and other book suggestions, search online, check with your child's school library, your local library, or your favorite bookstores.

PARENT / FAMILY / CAREGIVER



A Handful of Quiet: Happiness in Four Pebbles by Thich Nhat Hanh



Sitting Still Like a Frog: Mindfulness Exercises for Kids (and Their Parents) by Eline Snel



The Artful Parent: Simple Ways to Fill Your Family's Life with Art and Creativity by Jean Van't Hul