WHAT COULD YOU DO?

I can tell the difference between:



When you are feeling annoyed or bothered, you can make a choice to solve the problem on your own!

and Big Problems

When you are feeling scared or when someone is in danger, get an adult to help!





Tell them how you feel using "I" statement.



Tell Them to Stop



Share and Take Turns



Talk It Out



Wait and Cool Off



Walk Away



Think About Your Choices



Make a Deal



Ask an Adult for Help



Apologize



Ignore It